

Quarterly Newsletter

October 2026 Vol.2

**BLUE
LAMP
TRUST**

£5,000 Support From Peter Cooper Motor Group

We're delighted that Peter Cooper Motor Group has contributed £5,000 to support a month of Safe Home activity with our Safety Technician, Mick.

Throughout October, their support is helping us provide practical safety and security advice, suitable equipment and reassurance to vulnerable residents across the Southampton-to-Portsmouth area.

A huge thank you to Peter Cooper Motor Group for supporting our work and the communities we serve. Look out for our November update, when we'll share the confirmed results from the month and more about the difference their support has made.

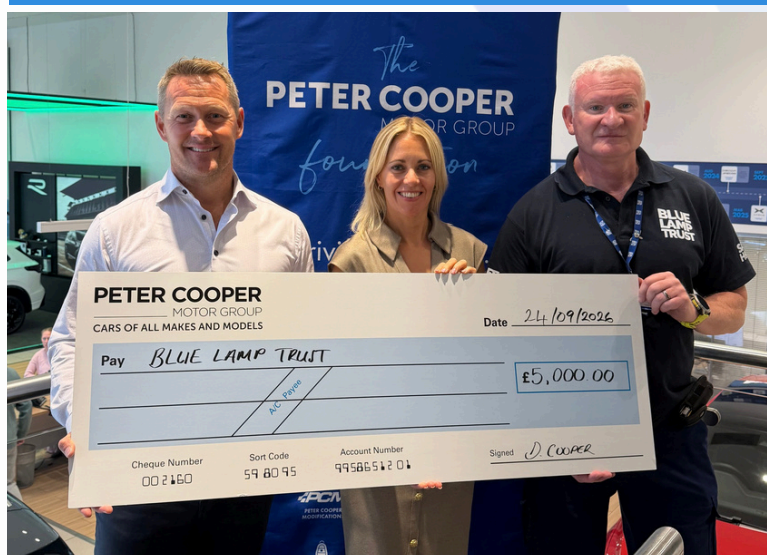
15,000ft Skydive For The Trust



On 31st August, Amelia and Mia from the Blue Lamp Trust took on an incredible 15,000 ft skydive in support of the charity.

Thanks to the generosity of everyone who donated and shared the campaign, they received donations totalling £2145.11, beating their original £1,500 target.

The challenge helped raise both funds and awareness for our work supporting older and vulnerable people across Hampshire and the Isle of Wight through our free Safe Home and Safe Online services. A huge thank you goes to everyone who supported the fundraiser, and to Silverlake Automotive Recycling, who kindly funded the photo and video package so we could capture and share the day.





DIY SOS

In October 2025 we were delighted to play a part in DIY SOS Southampton - Ahmed & Rifat's Fresh Start, supporting the team as they came together to help transform a home for a local family.

It was a fantastic opportunity to contribute to such a meaningful project and work alongside so many people giving their time and expertise to make a real difference. The episode airs on BBC One on Tuesday 6 October at 8pm.

Safety Technician Top Tip



Avoid charging phones, tablets and laptops overnight or while you're asleep. Batteries and chargers can overheat, so it's safer to charge devices while you're awake, on a hard surface and away from beds, sofas or other soft furnishings.

26.2 Miles For The Trust!



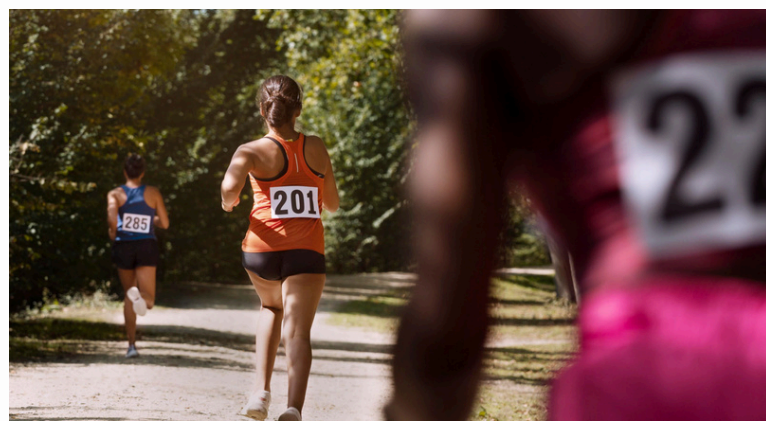
We're incredibly proud of Katie from the Blue Lamp Trust, who will be taking on the 2027 London Marathon to raise funds for the charity.

Katie is no stranger to a challenge, having previously completed the Brighton and Milton Keynes marathons, as well as cycling from Land's End to John O'Groats.

This time, she'll be running in support of the Blue Lamp Trust and helping us continue our work with older and vulnerable people across Hampshire and the Isle of Wight.

We'll be sharing more about Katie's training and fundraising journey over the coming months. If you'd like to donate and support Katie, please follow this link:

<https://2027tcslondonmarathon.enthuse.com/pf/katie-evansblt>



Supporting Mature Drivers

We MOT our cars to make sure they're roadworthy, but how often do we check the person behind the wheel? As we age, our eyesight can change gradually, sometimes without us noticing.

This quarter, BLT Driver Training focused on National Eye Health Week, encouraging drivers to keep up with regular sight tests and think proactively about their confidence on the road. For drivers aged 60 and over, our Mature Drivers Confidence Builder offers a relaxed one-to-one session with a DVSA Approved Driving Instructor. There is no test and no pass or fail - just practical feedback, reassurance and support to help drivers refresh their skills and feel more confident on everyday journeys.

As part of the Blue Lamp Trust, BLT Driver Training helps support the wider work of the charity.
<https://bltdrivertraining.co.uk/driver-training/mature-drivers/>



Seasonal Change, Staying Safe



As autumn turns to winter, darker evenings, colder weather and seasonal celebrations bring a few extra things to think about at home.

With Halloween approaching, Hampshire & Isle of Wight Constabulary also provides [downloadable posters](#) for anyone who would prefer not to receive trick-or-treat visitors.

As the colder months arrive, many of us will start using fires and heating more regularly, making this a good time to check your home security and test smoke and carbon monoxide alarms. It is also worth reviewing locks, doors and windows as the evenings become darker.

Our Safe Home service offers practical home safety and security support to eligible residents across Hampshire and the Isle of Wight. Keep an eye on our website for more seasonal safety advice throughout autumn and winter.

Sponsor Highlight

Peter Cooper Motor Group



Alongside their generous £5,000 support of our Safe Home service this October, we're pleased to highlight Peter Cooper Motor Group. Established in 1981, the family-owned business operates across the South Coast and supports local communities through the Peter Cooper Foundation. We're very grateful for their continued support of the Blue Lamp Trust.

Sponsor Highlight

Moore Barlow Lawyers



We're proud to have the continued support of Moore Barlow, a law firm supporting individuals, families and businesses across areas including family, private wealth, property, employment and dispute resolution. Their broad range of expertise and commitment to supporting people through important moments in their lives makes them a valued supporter of the Blue Lamp Trust. We're very grateful for their support.

Bogus Traders

Officers and staff from Hampshire & Isle of Wight Constabulary, alongside partner agencies, have recently taken part in Operation Yarran, targeting bogus traders in our communities.

If someone offers to carry out work on your home or garden - whether at your door, through a leaflet or online - take a moment to stop and think before agreeing. Consider using **Buy With Confidence** for Trading Standards-approved businesses, or the Trader Approval Scheme on the Isle of Wight.

Please share this advice with friends, family and neighbours. If you believe you've been a victim of fraud, report it to Report Fraud on 0300 123 2040 or online. If a crime is in progress or you feel at immediate risk, call 999.



Could you, or someone you know benefit from our support?

If you feel you could benefit from our Safe Home or Safe Online services, or you know someone who may need a little extra support, you can make a referral to the Blue Lamp Trust. Referrals can be made by individuals themselves, as well as family members, carers and professionals. Make a referral today by visiting our [website](#) or contacting the Blue Lamp Trust team on **0300 777 0157**.